

RESOURCES

Houston Heflin

Shared during “Breath Prayers: When the Heart Speaks but the Mouth Doesn’t,” an Intersection conversation hosted by the Siburt Institute for Church Ministry on March 16, 2021.

BOOK RECOMMENDATIONS

- *Invitation to Christian Spirituality: An Ecumenical Anthology* edited by John R. Tyson
- *Spirituality: A Brief History* by Philip Sheldrake
- *The Philokalia*
- *The Way of a Pilgrim*
- *The Way of the Heart: The Spirituality of the Desert Fathers and Mothers* by Henri Nouwen
- *The Way Up Is Down: Becoming Yourself by Forgetting Yourself* by Marlena Graves
- *The Wisdom of the Desert: Sayings from the Desert Fathers of the Fourth Century* by Thomas Merton



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